

Somethin' In The Oven With Shana Lovin is on KRIG 104.9 FM every Wednesday morning at 8:15:

Cola Roast

- 3 pound beef roast
- 1 envelope dry onion soup mix
- 2 cans (12 oz each) Coca Cola
- Place roast in greased slow cooker. Sprinkle with soup mix.
- Pour soda over all. Cover and cook on low heat 7-8 hrs.





KEEPSAKE CANDLES